

Application Instructions

ZERO-CAST F1x

Finger Tip Injury Splint



Zero-Cast
Dynamic Adjustable Finger Orthosis



Sizing



A	Splint Size
9-12 mm	Size 0
13-16 mm	Size 1
17-19 mm	Size 2
20-22 mm	Size 3

Orientation & Description



Positioning

- Choose the Interphalangeal joint requiring extension splint

Treating Mallet Injury: Align the centre of the palm component with the Distal Interphalangeal Joint (DIPJ)



Pressure Application



Achieve adequate pressure by squeezing the plates together



DIPJ is hyperextended as the plates are approximated

Adjust

Use the tool (mini-screwdriver) to release the ratchet legs (when splint is too tight)

When splint is slipping/loose, apply additional pressure by squeezing the plates together



Finalise + Check



Bend the legs outwards until the excess ratchet leg breaks off



Rehabilitation

Please follow the rehabilitation instructions provided by your treatment provider while using the F1x. You can download the "F1x Rehabilitation Flier" from the website for detailed guidelines.



After Care

You can remove the Zero-Cast F1x by simultaneously squeezing the C-shaped ratchet legs together as shown to release (for cleaning etc).

